# UNIFORM GUIDELINES

**GRADE 1 - 5** 





## **ELMWOOD SCHOOL**UNIFORM GUIDELINES

The Elmwood School "Girls in Green" have been wearing a uniform for over 100 years. It continues to be an important part of the school's tradition and promotes the sharing of a common outlook, behaviours and attitudes within the school. Girls are encouraged to seek individual expression through positive actions and achievements rather than through their manner of dress or presentation. Parents are expected to support the school by ensuring their daughters have all the required uniform items clean and in good repair.

- Students are expected to wear only regulation uniform items while at school.
- Students must arrive and leave at the end of the day in full proper uniform. Junior School students may wear outdoor running shoes or boots with their uniform to and from school.
- Only small silver or gold stud earrings or small hoops no larger than 1 cm may be worn with the uniform. One small, discrete, meaningful piece of jewelry may also be worn.
- Shoes must be made of black polishable material.
- Make-up and nail polish may not be worn by students in uniform.
- Hair should be worn neatly and off the face. Long hair should be tied back. Ribbons, hair bands and hair clips should be dark green, white or black.
- Hair should look natural in colour- no highlights, streaks or extensions in pink, purple, blue, etc.

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- If for medical reasons a student is unable to wear regulation clothing, a medical certificate is required and submitted to the appropriate Dean of Student Life.
- For Health and Safety reasons, proper footwear is to be worn at all times in the building.
- ALL items of clothing, including shoes and boots, must be labelled with the student's name in full (no initials please).

#### UNIFORM INFRACTIONS

All students should wear their uniform consistently and with pride. Faculty will follow a uniform checking process daily and determine sanctions as appropriate.

#### **LOST ITEMS**

Items that are misplaced throughout the school year can often be found in the Pound. Those items with current name labels attached can easily be returned to their owners. The remainder of the items are cleared out at the end of each school term or when the accumulation of items so warrants. These items are either given to the Uniform Shop for resale or to a local charity.

### THE EAGLES' NEST - ELMWOOD SCHOOL'S UNIFORM SHOP

The Eagles' Nest, run by volunteers from the Parents' Association, sells new and used uniform items, as well as a number of promotional and spirit items. During the school year the Eagles' Nest, located on the first floor of the Senior Building, is open throughout the school year.

You may contact the Eagles' Nest at eaglesnest@elmwood.ca for assistance.

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### **ELMWOOD SCHOOL UNIFORM:**NUMBER ONE



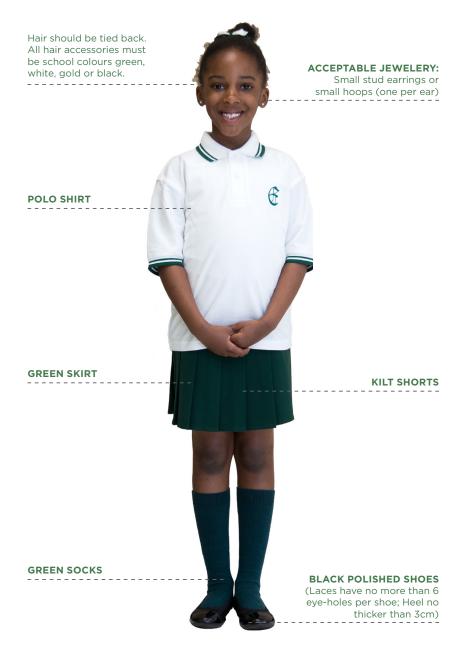
### **ELMWOOD SCHOOL UNIFORM:**NUMBER ONE

The Number One Uniform is worn on Wednesdays, at all important School events, and when representing Elmwood at out-of-school events (as required).

ITEM	DESCRIPTION	RECOMMENDED NUMBER
TUNIC	Hunter Green, pleated	2
TIE	Hunter Green	2
CARDIGAN	Optional; Hunter Green	1
BLOUSE	White short or long-sleeved	3
KNEE SOCKS/TIGHTS	Hunter Green	5 pairs
SHOES	Black: Polished leather (no suede), flat, closed toe and back, with soles and heels no thicker than 3 cm; if laced, no more than 6 eye-holes per shoe (not available from the Eagles' Nest)	1 - 2 pairs

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### **ELMWOOD SCHOOL UNIFORM:**SUMMER UNIFORM



### **ELMWOOD SCHOOL UNIFORM:** SUMMER UNIFORM

The Summer Uniform is optional from May 1st to November 1st, except on Wednesdays.

ITEM	DESCRIPTION	RECOMMENDED NUMBER
POLO	White	2
FLEECE	Optional; Hunter Green	1
SKIRT	Hunter Green: Pleated	2
KILT SHORTS	Black: worn when not wearing tights	4
KNEE SOCKS	Hunter Green	5 pairs
SHOES	Black: Polished leather (no suede), flat, closed toe and back, with soles and heels no thicker than 3 cm; if laced, no more than 6 eye-holes per shoe (not available from the Eagles' Nest)	1 - 2 pairs

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### **ELMWOOD SCHOOL UNIFORM:**WINTER UNIFORM



### **ELMWOOD SCHOOL UNIFORM:** WINTER UNIFORM

The Winter Uniform is optional from November 1 – April 30, except on Wednesdays.

ITEM	DESCRIPTION	RECOMMENDED NUMBER
CARDIGAN	Hunter Green	1
BLOUSE	White: Short or long-sleeves	3
GREY PANTS	Long grey pants	2
SHOES	Black: Polished leather (no suede), flat, closed toe and back, with soles and heels no thicker than 3 cm; if laced, no more than 6 eye-holes per shoe (not available from the Eagles' Nest)	1 - 2 pairs

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### **ELMWOOD SCHOOL UNIFORM:**GYM UNIFORM



### **ELMWOOD SCHOOL UNIFORM:**GYM UNIFORM

The Gym Uniform is acceptable throughout the year during athletic classes and/or sporting events.

ITEM	DESCRIPTION	RECOMMENDED NUMBER
GYM SHIRT	Grey: Short sleeves	2
JACKET	Optional: zip-up	1
GYM SHORTS	Black	2
WARM-UP PANTS	Optional: Long warm up pant or yoga pant	1
SHOES	White socks and running shoes (shoes can be any colour)	1 pair

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## ELMWOOD SCHOOL UNIFORM CARE INSTRUCTIONS

### **FLEECE**

### **HOW TO WASH**

We suggest spot cleaning the fleeces when necessary, sending them to the dry cleaner once or twice a year for a thorough cleaning. Protect garments against direct contact with chemicals such as bleaching agents and softeners in the wash.

### HOW TO DRY AND IRON

To dry, hang your wool garment on a padded hanger at room temperature, away from high heat. The fleece should not need ironing since wool fibers shed wrinkles and return to their original shape once they are dry. If ironing is necessary, please remember that temperatures that are too high can cause unsightly shine marks on matte fabrics. Turn down the iron, iron inside out or cover with a damp towel before ironing

#### TUNIC

#### **HOW TO WASH**

Wash on a gentle cycle in cold water. Protect garments against direct contact with chemicals such as bleaching agents and softeners in the wash.

#### HOW TO DRY AND IRON

To dry, hang your tunic at room temperature, away from heat. Pleated items should never go in the dryer as the heat will cause the pleats to fall out.

#### SHIRT

### **POLO SHIRTS**

Shrinkage is commonly caused by overheating in the washing machine or tumble drier particularly on 100% cotton garments. Where possible, garments should be washed inside out. These polos are machine washable and dryer safe in cool temperatures.

#### **BLOUSES**

Our blouses are machine washable and dryer safe.