

**EXCURSION INFORMATION/PERMISSION TO BILL**

Date of Excursion: Friday, February 4, 2011  
 Staff Supervisors: Elmwood School Teachers

**Please circle ONE:**

My daughter will be      skiing              snowboarding              snowshoeing

**Ski Level Classification: (See page 3 for definitions)**

Please identify the participant as having one of the following levels of skiing ability:

NON-SKIER (A)              BEGINNER (B)              INTERMEDIATE (C)              ADVANCED (D)

**Financial Details:**

Ski Vorlage pass and transportation \$30.00	<b>YES</b>	<b>NO</b>
Transportation only (if snowshoeing) \$15.00	<b>YES</b>	<b>NO</b>
Ski Lessons      \$10.00	<b>YES</b>	<b>NO</b>
Snowboarding Lessons \$10.00	<b>YES</b>	<b>NO</b>

**Rental Equipment:**

	<b>YES</b>	<b>NO</b>
Skis/boots/poles \$10.00	----	----
Snowboard/boots \$15.00	----	----
Helmet \$5.00	----	----
Snowshoes Free (bring winter boots)	----	----

**Rental Information (Please circle ONE):**

If renting a **snowboard**:    Goofy (right foot forward)    Regular(left foot forward)    Not Sure  
 If renting **ski /snowboard** equipment: Height: \_\_\_\_\_ft    Weight: \_\_\_\_\_lbs    Shoe Size: \_\_\_\_\_  
 If renting **helmet**: Head size\_\_\_\_\_cm

I hereby allow Elmwood School to bill my account for the cost of this trip. **I understand that Elmwood School will incur fixed costs as a result of this commitment and accordingly there are no refunds in the event that my daughter is unable to participate.**

Student Name\_\_\_\_\_ Homeroom /SLG Teacher\_\_\_\_\_

Parent Signature\_\_\_\_\_ Date:\_\_\_\_\_

**Alternative:** Please check **off** the following if your child **will not** be attending ski or snowboarding:

- Study Hall in the library      (Hours: 8:20 a.m. - 3:45 p.m.)

**Please sign and return this form to homeroom/SLG teacher no later than Wednesday, January 19, 2011.**

## SKIER CLASSIFICATION

All students must be classified according to the following designations. These stages are consistent with the operations of member ski resorts of the Ontario Ski Resorts Association.

### NON-SKIER

The student has never skied/snowboarded before.

### BEGINNER

The student has skied once or twice or a few times per year and has experienced and maintained control on a number of novice hills of varying difficulty. She is able to stop and turn with some success.

### INTERMEDIATE

The student has skied on many occasions and has experienced a variety of hills and different ski areas. She can turn and stop under control using recognized formal techniques.

### ADVANCED

The student is an experienced and competent skier. She has received formal instruction, knows and understands the Skier's Responsibility Code and can demonstrate ability at an advanced level. Such students can be called upon to assist in the program.

### Safety checklist

It is important that your child participate safely in this excursion. In your child's best interest, we recommend the following:

- All students should wear appropriate clothing for this outdoor winter activity. They should refrain from wearing long scarves.
- Ski helmets prevent head injuries. It is **mandatory** that students wear a ski helmet for safety.
- Where required, students should bring emergency medication to the excursion, such as an epi-pen or asthma inhaler.
- The wearing of eyeglass strap and shatter-resistant lens, if your child wears glasses.
- In the event that your child uses personal or borrowed ski equipment, the parent/guardian is responsible for assuring that the equipment is in good working order, fits properly, conforms to the recognized safety standards and has not been altered from its original condition.

## ALPINE SKIER'S RESPONSIBILITY CODE

The Ontario Ski Resorts Association provides the following responsibility code by which all alpine skiers must abide:

There are elements of risk in skiing and snowboarding that common sense and personal awareness can help reduce. Regardless of how you decide to use the trails, always show courtesy to others. Please adhere to the code listed below and share with others the responsibility for a safe outdoor experience.

Always stay in control. You must be able to stop or avoid other people or objects.

People ahead of you have the right of way. It is your responsibility to avoid them.

Do not stop where you obstruct a trail or are not visible from above.

Before starting downhill or merging onto a trail, look uphill and yield to others.

If you are involved in or witness a collision or accident, you must remain at the scene and identify yourself to the Ski Patrol.

Always use proper devices to help prevent runaway equipment.

Observe and obey all posted signs and warnings.

Keep off closed trails and closed areas.

You must not use lifts or terrain if your ability is impaired through use of alcohol or drugs.

You must have sufficient physical dexterity, ability and knowledge to safely load, ride and unload lifts. If in doubt, ask the lift attendant.

## **KNOW THE CODE – BE SAFETY CONSCIOUS – IT IS YOUR RESPONSIBILITY**

### **BE AWARE – SKI OR RIDE WITH CARE!**

#### **ELEMENT OF RISK**

The risk of injury exists in every athletic activity. Due to the nature of alpine skiing, there is a risk of possible injury. Falls, collisions and other incidents may occur and cause injury. These injuries result from the nature of the activity and can occur without fault on either the part of the student, the School or its employees or agents or the ski resort where the activity is taking place. By choosing to participate in this activity, students are assuming the risk of possible injury. The safety and well-being of students is a prime concern, and attempts are made to manage the foreseeable risk inherent in the activity as effectively as possible. The chances of an injury can be reduced by carefully following instructions and complying with the rules of the ski resort while engaging in the activity.

The School does not provide any accidental death, disability, dismemberment or medical expenses insurance on behalf of a student participating in the activity. Student accident insurance is available to provide coverage beyond that allowed by the Ontario Health Insurance Plan. Contact the School for specific information and application forms.

## SUPERVISION

Parents should note that on-site/in the area supervision will be shared by School staff and ski resort personnel during the skiing activity. It is understood that direct and constant supervision of students is not possible due to the number of skiers and the extensive ski area to supervise.

## STUDENT MEDICAL INFORMATION

Student: \_\_\_\_\_ Birth Date: \_\_\_\_\_  
Month Day Year

Family Doctor: \_\_\_\_\_ Phone: \_\_\_\_\_

Medical Condition(s): \_\_\_\_\_  
\_\_\_\_\_

Medication(s): \_\_\_\_\_  
\_\_\_\_\_

Allergies: \_\_\_\_\_  
\_\_\_\_\_

Ontario Health Card Number: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

If the student has any health problems that may affect her ability to participate in this excursion, or her safety during the excursion, please provide full details in an attached letter.

## PERMISSION FORM

To be executed by all parents/guardians:

I hereby give my consent for \_\_\_\_\_ to participate in the above ski/snowboard/snowshoe excursion. I recognize that there are risks inherent in the excursion, because it involves activities beyond the normal school program.

In particular, the nature and location of some activities are such that hospital and medical support are not readily available. Elmwood School does not provide any accidental death, disability, or medical

expense insurance on behalf of its students. Participants must assume these risks. Students are urged to have student accident insurance.

Should it become necessary for my child to have medical care, I hereby give the staff my personal permission to use his/her judgment in obtaining medical care for my child. I understand that any cost will be my responsibility. I understand that in the event of illness or accident, I will be notified as soon as possible.

In the event that my child does not comply with the Elmwood School Code of Conduct or ski resort code of conduct and/or is involved in behaviour which contravenes the expectations and/or requirements of the School on this excursion, at the School's sole discretion, it may cancel the ski pass of my child and not permit him or her to participate in the activity.

Student Name\_\_\_\_\_

\_\_\_\_\_  
PARENT/GUARDIAN SIGNATURE

\_\_\_\_\_  
PRINT NAME

\_\_\_\_\_  
DATE

**WAIVER**

To be executed by all parents/guardians:

I/we hereby release Elmwood School and its respective directors, officers, agents, employees, students, volunteers, and their successors and assigns (collectively referred to as the "School"), from any and all liability for damages sustained in consequence of loss, injury or damage to the person or property of the student referred to above, and from all other actions, causes of action, claims or damages of any kind with respect to injury, loss or damage or death to the person or property of the student (the "Claims"), arising from the student's participation in the excursion. I agree to indemnify the School against any and all claims which may occur as a result of the student participating in the excursion.

I authorize and appoint any one of Elmwood's teachers or administrators to authorize medical treatment for the student in the event of an emergency while on the excursion.

Student Name\_\_\_\_\_

\_\_\_\_\_  
PARENT/GUARDIAN SIGNATURE

\_\_\_\_\_  
PRINT NAME

\_\_\_\_\_  
DATE