

YMCA-YWCA Outdoor Education Centre (Dunrobin)
Grade 5 trip - September 30 & October 1, 2010

List of Equipment

Compulsory

- Warm sleeping bag in a waterproof wrapper (a garbage bag works well)
- Backpack or small suitcase
- Waterproof jacket (with hood) and splash pants
- Waterproof boots
- Running shoes (two pairs – one for indoor use, one for outdoor use)
- Warm fleece or jacket
- Jeans or another type of sturdy pants (3 pairs)
- Sweaters (2)
- T-shirts (3)
- Socks (4 pairs)
- Shorts (2 pairs)
- Underwear
- Sweat pants or leggings (1-2 pairs)
- Light gloves
- Bug spray
- Toiletries and toothbrush
- Sanitary pads
- Small towel
- Hat
- Flashlight
- Medication (e.g. Epi-pens) – ***please ensure that Ms. Holmes and Ms. Wiegand have all medical requirements in writing prior to the trip***

Optional

- Disposable camera
- Pillow

Please do NOT bring:

- Money
- Candy
- Valuables
- iPods, MP3 players, Gameboys, or any electronic equipment
- Digital camera
- Cell phone