



September 22, 2011

Dear Grade 5 Parents,

On October 5-6 we plan to take our Grade 5 students to the Outdoor Education Centre (YMCA-YWCA) at Dunrobin for an overnight field trip. This annual event provides our students with exciting leadership and team-building opportunities. During the visit, the girls will participate in initiative games, outdoor living skills, low ropes, high ropes, climbing wall, orienteering and hiking. All activities are run by experienced YMCA staff and the girls will be accompanied by Elmwood faculty (Ms. Holmes and Ms. Wiegand) at all times.

The bus will leave Elmwood at 8:30 a.m. on October 5th. We will return to school for regular dismissal on October 6. The cost of the trip is \$100.00 per student. **Please ensure that Ms. Holmes and Ms. Wiegand are fully aware of any medical and dietary requirements in writing in advance of the trip.** We will be providing parents with contact numbers so that you can reach us in case of emergency during the field trip.

A list of equipment required by each student is attached to this letter. **Students should not bring any money, electronic equipment (such as iPods, MP3 players, and digital cameras) or valuables of any kind.** Students may bring disposable cameras if they wish. All food is provided by the YMCA. We also ask parents not to send candies—again, treats will be provided during the trip, and this enables us to monitor for possible food allergies.

Please do not hesitate to contact us if you have any questions or concerns regarding the trip. We request that the attached permission slips be returned to the school office by Tuesday, September 27th.

Sincerely,

Allison Holmes
Grade 5 Teacher
aholmes@elmwood.ca

Chandra Wiegand
Grade 5 Teacher
cwiegand@elmwood.ca



Elmwood School Parent/Guardian Consent and Release Form (Over Night)

for Excursion to **YMCA-YWCA Outdoor Education Centre (Grade 5)**

Date of Trip: October 5th – 6th 2011

Departure: 8:30 a.m. (October 5th) Return: 3:30 p.m. (October 6th)

Destination: YMCA-YWCA Outdoor Education Centre (1620 Sixth Line Road, Dunrobin)

** In the case of joint custody, BOTH parents must sign this Consent/Release form **

COST OF TRIP

By my signature below, I allow Elmwood School to bill my account 100.00 for the cost of this trip. I understand that Elmwood School will incur fixed costs as a result of this commitment and accordingly there are no refunds in the event that my daughter is unable to participate.

MEDICAL INFORMATION and EMERGENCY CONTACT INFORMATION

Student: _____ Birth Date: _____
Month Day Year

Family Doctor: _____ Phone: _____

Medical Condition(s): _____

Medication(s): _____

Allergies: _____

Ontario Health Card Number: _____

Emergency Contact: _____ Phone: _____

CONSENT TO PARTICIPATE & TERMS OF PARTICIPATION

By my signature below, I give my daughter in Grade 5 permission to attend the trip to YMCA-YWCA Outdoor Education Centre from October 5 – 6, 2011.

I understand that all of Elmwood School's rules and policies (see Handbook) as well as any rules and directives established by those leading the trip remain in full force and effect for the duration of the trip.

By my signature below, I acknowledge and agree that I am solely responsible for any costs arising out of my daughter's breach of any of Elmwood School's rules and policies and/or any rules and directives established by those leading the trip and the resultant disciplinary actions, if any, whether occurring prior to or during the trip.

By my signature below, I further acknowledge and agree that in the event that my daughter breaches any of Elmwood School's rules and policies and/or any rules and directives established by those leading the trip while on the trip, Elmwood School may in its absolute discretion require that my daughter immediately return home and any expenses related to such a return (including without limitation travel, including travel of an adult to accompany my daughter, and any outstanding trip expenses) will be my sole responsibility.

RELEASE AND INDEMNITY

In consideration of my daughter being permitted to participate in the YMCA-YWCA Outdoor Education Centre trip ("the trip"), I do for myself, my daughter, my spouse and our respective heirs, executors, administrators, successors and assigns, agree as follows:

I acknowledge and accept that participation in the trip may expose my daughter to unspecified risks and hazards, which are inherent in such trips, including without limitation, the method of transportation for the trip, my daughter's participation in all travel activities and programs incidental to the trip, including without limitation, participation in tours, cultural events, athletic events, sightseeing, recreational and entertainment events, whether or not they have been fully explained to me in advance, including without limitation, the use by my daughter of various methods of transportation, all of which I expressly and voluntarily assume.

By my signature below, I do for myself, my daughter, my spouse and our respective heirs, executors, administrators, successors and assigns, hereby RELEASE, WAIVE AND FOREVER DISCHARGE Elmwood School Inc. and its respective officers, partners, agents, employees, servants, representatives, successors and assigns ("the Releasees") OF AND FROM any and all actions, causes of actions, complaints, demands and claims whatsoever in existence prior to on or after the date hereof whether in law or in equity, in respect of death, injury, loss or damage to my daughter's person or my person or property HOWSOEVER CAUSED, arising or to arise by reason of my daughter's participation in the activities contemplated herein except to the extent that same are directly caused by the gross negligence of Elmwood School Inc. or its respective officers, partners, agents, employees, servants, representatives, successors and assigns. I FURTHER UNDERTAKE TO HOLD AND SAVE HARMLESS AND AGREE TO INDEMNIFY all the aforesaid from and against any and all liability incurred by any or all of them arising as a result of or in any way connected to my daughter's participation in the activities contemplated herein.

By my signature below, I also agree and undertake not to make any claim or take any proceedings against the Releasees set out above, or any other person or corporation which might claim contribution or indemnity under the provisions of any statute or otherwise from the Releasees set out above.

EMERGENCY MEDICAL CONSENT

In the event of an emergency, Elmwood School requires parental consent in order to consent to the medical treatment or surgery of the student. Elmwood School will use reasonable efforts to contact the parent(s) prior to consenting to medical treatment for the student and the parent(s) acknowledge and agree that the need for an immediate decision regarding medical treatment for the student may make such contact impossible.

Accordingly, I, by my signature below, hereby authorize and give my express consent to the Head of Elmwood School, or her delegate, to act in loco parentis and in that capacity to consent to medical treatment or surgery for the student based on the advice of the attending physician who considers immediate medical treatment or surgery to be a necessity.

In addition, by my signature below, I hereby authorize and give my express consent to the Head of Elmwood School, or her delegate, to seek and obtain any and all medical interventions that may be reasonably required to ensure the safety and well being of my daughter while on the trip.

I have read all of the foregoing carefully and by my signature agree to be bound by all aspects of the foregoing.

Parent Name: _____ Date: _____

Parent Signature: _____

Parent Name: _____ Date: _____

Parent Signature: _____

Please return this form to Ms. Holmes or Ms. Wiegand by Tuesday, September 27, 2011.

YMCA-YWCA Outdoor Education Centre (Dunrobin)
Grade 5 trip – October 5 – 6, 2011

List of Equipment

Compulsory

- Warm sleeping bag in a waterproof wrapper (a garbage bag works well)
- Backpack or small suitcase
- Waterproof jacket (with hood) and splash pants
- Waterproof boots
- Running shoes (two pairs – one for indoor use, one for outdoor use)
- Warm fleece or jacket
- Jeans or another type of sturdy pants (3 pairs)
- Sweaters (2)
- T-shirts (3)
- Socks (4 pairs)
- Shorts (2 pairs)
- Underwear
- Sweat pants or leggings (1-2 pairs)
- Light gloves
- Bug spray
- Toiletries and toothbrush
- Sanitary pads
- Small towel
- Hat
- Flashlight
- Medication (e.g. Epi-pens, asthma inhalers) – *please ensure that Ms. Holmes and Ms. Wiegand have all medical requirements in writing prior to the trip*

Optional

- Disposable camera
- Pillow

Please do NOT bring:

- Money
- Candy
- Valuables
- iPods, MP3 players, Gameboys, or any electronic equipment
- Digital camera
- Cell phone