



May 5, 2011

Dear Parents of Students in Grades One to Three,

**Re: OISSA Spring Run 2011**

We have been invited to participate in the OISSA Spring Run 2011 on **Thursday, May 19** between the hours of **12:15 – 3:00 p.m.** This event will take place at the Overbrook Community Centre (33 Quill Road).

Students in Grades One will participate in a 650 m (2 laps) run. Grades Two and Three will run 1000 m (3 laps). If you are able, we would love to have you come out to cheer us on.

The students are to come to school in their Elmwood gym uniform (green shorts, white Elmwood t-shirt, white socks, outdoor running shoes). Hats, sunscreen and water bottles should accompany the girls to school in the morning. If the weather is cool, please send your daughter to school with a pair of Elmwood green track pants and an Elmwood sweatshirt or fleece.

A charge of \$10 per student to cover the cost of this event will be charged to your school account. Please complete the attached permission form and return it to your child's homeroom teacher by Monday, May 16.

We are looking forward to a great Spring Run!

Sincerely,

Mrs. Blackadar  
Coach

Ms. MacDougall  
Coach

Ms. Strachan  
Coach

Ms. Huggins  
Coach



**Elmwood School Parent/Guardian Consent and Release Form (Day)**

for Excursion to OISSA Spring Run 2011 (Grades One-Three)

Date of Trip: Thursday, May 19, 2011

Departure: 12:15 p.m. Return: 3:00 p.m.

Destination: Overbrook Community Centre Park, 33 Quill Road

\*\* In the case of joint custody, BOTH parents must sign this Consent/Release form \*\*

**COST OF TRIP**

By my signature below, I allow Elmwood School to bill my account \$10 for the cost of this trip. I understand that Elmwood School will incur fixed costs as a result of this commitment and accordingly there are no refunds in the event that my daughter is unable to participate.

**MEDICAL INFORMATION and EMERGENCY CONTACT INFORMATION**

Student: \_\_\_\_\_ Birth Date: \_\_\_\_\_  
Month Day Year

Family Doctor: \_\_\_\_\_ Phone: \_\_\_\_\_

Medical Condition(s): \_\_\_\_\_  
\_\_\_\_\_

Medication(s): \_\_\_\_\_  
\_\_\_\_\_

Allergies: \_\_\_\_\_  
\_\_\_\_\_

Ontario Health Card Number: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

**CONSENT TO PARTICIPATE & TERMS OF PARTICIPATION**

By my signature below, I give my daughter in Grade \_\_\_\_\_ permission to attend OISSA Spring Run 2011 on Thursday, May 19.

I understand that all of Elmwood School's rules and policies (see Handbook) as well as any rules and directives established by those leading the trip remain in full force and effect for the duration of the trip.

By my signature below, I acknowledge and agree that I am solely responsible for any costs arising out of my daughter's breach of any of Elmwood School's rules and policies and/or any rules and directives established by those leading the trip and the resultant disciplinary actions, if any, whether occurring prior to or during the trip.

By my signature below, I further acknowledge and agree that in the event that my daughter breaches any of Elmwood School's rules and policies and/or any rules and directives established by those leading the trip while on the trip, Elmwood School may in its absolute discretion require that my daughter immediately return home and any expenses related to such a return (including without limitation travel, including travel of an adult to accompany my daughter, and any outstanding trip expenses) will be my sole responsibility.

**RELEASE AND INDEMNITY**

In consideration of my daughter being permitted to participate in the OISSA Spring Run 2011 ("the trip"), I do for myself, my daughter, my spouse and our respective heirs, executors, administrators, successors and assigns, agree as follows:

I acknowledge and accept that participation in the trip may expose my daughter to unspecified risks and hazards, which are inherent in such trips, including without limitation, the method of transportation for the trip, all of which I expressly and voluntarily assume.

By my signature below, I do for myself, my daughter, my spouse and our respective heirs, executors, administrators, successors and assigns, hereby RELEASE, WAIVE AND FOREVER DISCHARGE Elmwood School Inc. and its respective officers, partners, agents, employees, servants, representatives, successors and assigns ("the Releasees") OF AND FROM any and all actions, causes of actions, complaints, demands and claims whatsoever in existence prior to on or after the date hereof whether in law or in equity, in respect of death, injury, loss or damage to my daughter's person or my person or property HOWSOEVER CAUSED, arising or to arise by reason of my daughter's participation in the activities contemplated herein except to the extent that same are directly caused by the gross negligence of Elmwood School Inc. or its respective officers, partners, agents, employees, servants, representatives, successors and assigns. I FURTHER UNDERTAKE TO HOLD AND SAVE HARMLESS AND AGREE TO INDEMNIFY all the aforesaid from and against any and all liability incurred by any or all of them arising as a result of or in any way connected to my daughter's participation in the activities contemplated herein.

By my signature below, I also agree and undertake not to make any claim or take any proceedings against the Releasees set out above, or any other person or corporation which might claim contribution or indemnity under the provisions of any statute or otherwise from the Releasees set out above.

**EMERGENCY MEDICAL CONSENT**

In the event of an emergency, Elmwood School requires parental consent in order to consent to the medical treatment or surgery of the student. Elmwood School will use reasonable efforts to contact the parent(s) prior to consenting to medical treatment for the student and the parent(s) acknowledge and agree that the need for an immediate decision regarding medical treatment for the student may make such contact impossible.

Accordingly, I, by my signature below, hereby authorize and give my express consent to the Head of Elmwood School, or her delegate, to act in loco parentis and in that capacity to consent to medical treatment or surgery for the student based on the advice of the attending physician who considers immediate medical treatment or surgery to be a necessity.

In addition, by my signature below, I hereby authorize and give my express consent to the Head of Elmwood School, or her delegate, to seek and obtain any and all medical interventions that may be reasonably required to ensure the safety and well being of my daughter while on the trip.

**I have read all of the foregoing carefully and by my signature agree to be bound by all aspects of the foregoing.**

Parent Name: \_\_\_\_\_ Date: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

Parent Name: \_\_\_\_\_ Date: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

**Please return this form to your Homeroom teacher by Monday, May 16, 2011.**